

Sweet 'n Salty

Nutrition Facts

1 serving per container

Serving size **1 (0.0g)**

Amount Per Serving

Calories **210**

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 15mg **1%**

Total Carbohydrate 28g **10%**

Dietary Fiber 2g **7%**

Total Sugars 15g

Includes 10g Added Sugars **20%**

Protein 4g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 1.4mg 8%

Potassium 110mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ROLLED OATS, COCONUT, ROASTED CASHEWS, PUMPKIN SEEDS, ORGANIC BARLEY MALT SYRUP, WILDFLOWER HONEY, AGAVE SYRUP, GOLDEN RAISINS

CONTAINS: CASHEW, COCONUT

THE GEMINI BAR CO., NEW YORK